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GBESCO  
2025  
Catalog

# Elementary and Secondary School Notebooks & Paper

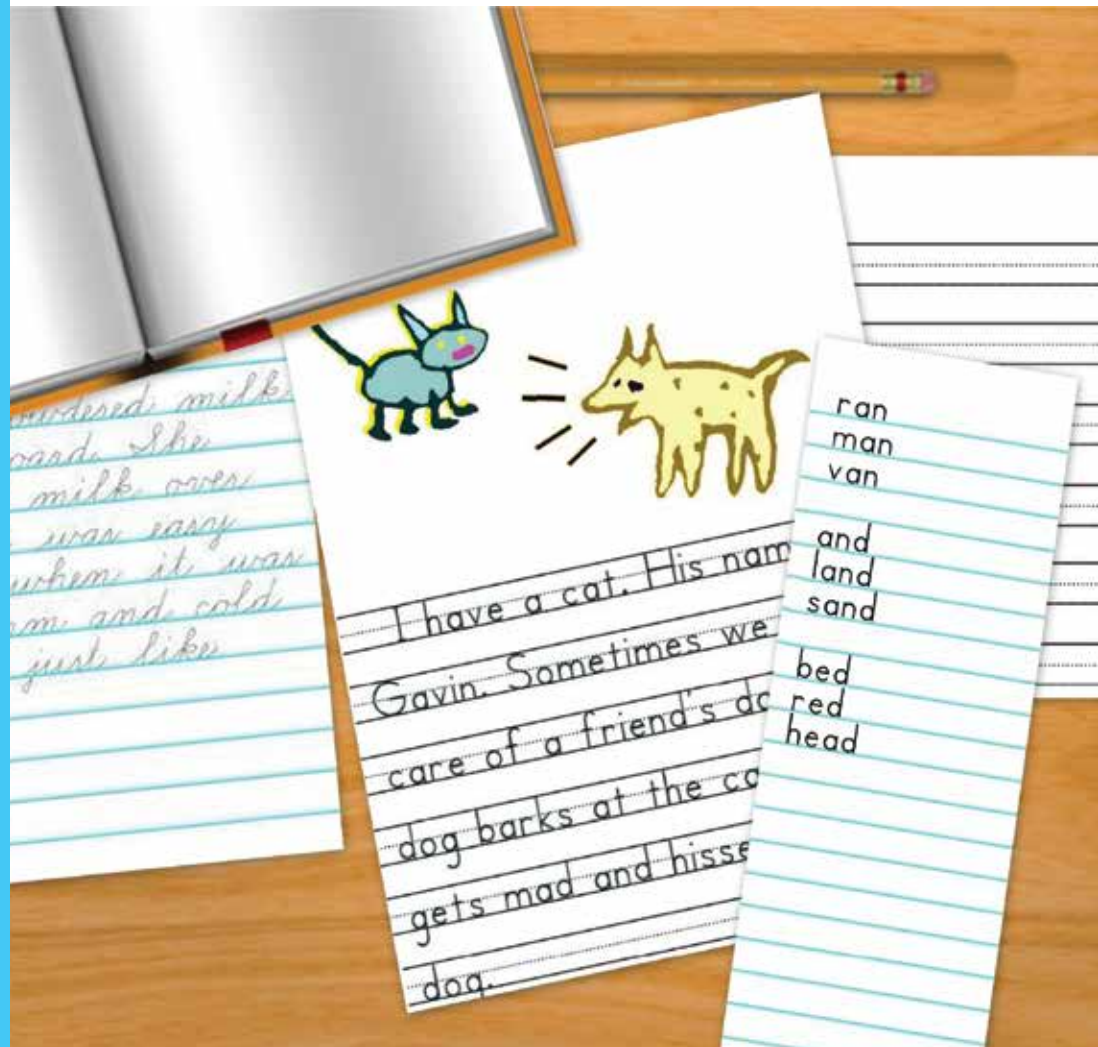
*“Legible Handwriting  
Enhances Students’  
Ability to Think.”*  
-Dr. Ethna R. Reid

See page 6:  
The Importance of  
Legible Handwriting.

- ▶ ½" inch spacing between manuscript lines (primary grades) leaves penmanship neat and legible.
- ▶ spacing of cursive lines varies by grade levels.
- ▶ spiral binding saves students’ time and enhances neatness.
- ▶ smaller notebooks provide ease in writing with textbook on desk.

Great Basin  
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2965 East Evergreen Ave  
Salt Lake City, UT 84109  
(801) 486-5083

- Manuscript, Early Cursive, Late Cursive, or d’Nealian lines
- Spelling Notebooks
- Chart paper
- Storybook Paper and Notebooks
- Bond or Newsprint Paper



# GBESCO Catalog 2025

**Choose the right supplier for your notebook and paper needs and save!**

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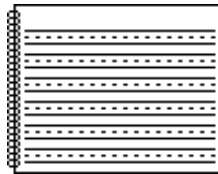
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Product

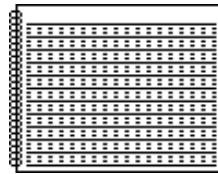
Code GBESCO Notebooks

### SPIRAL BOUND

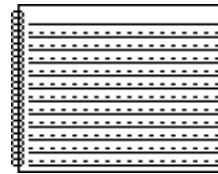
The following notebooks are 7" x 8½" spiral bound notebooks with bond paper. These notebooks are preferred by GBESCO for their ease in writing and research studies of Dr. Ethna R. Reid proves the value of this size notebook for ease with a text on the same desk.



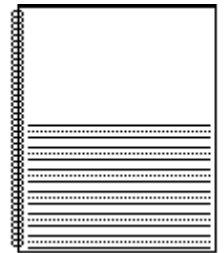
Manuscript



Early Cursive



Late Cursive



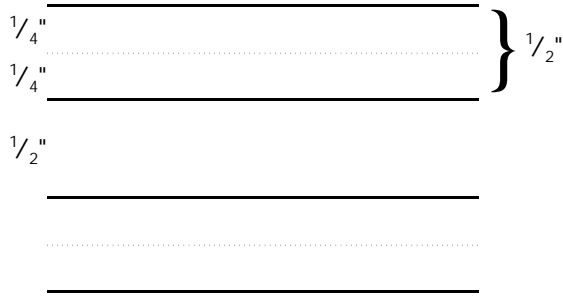
Storybook

GB100-1	Manuscript Notebooks (lined ½" x ¼" x ¼" x ½", one dotted line between the top and bottom lines) Box of 72 notebooks	\$77.00/box
GB100-2	Manuscript Notebooks (each)	\$1.30/ea
GB101-1	Manuscript Notebooks (d'Nealian) (lined ¼" x ¼" x ¼" x ¼", one dotted line between the top and bottom lines, top solid line is blue, dotted line is blue, base line is red) Box of 72 notebooks	\$87.00/box
GB101-2	Manuscript Notebooks (d'Nealian) (each)	\$1.50/ea
GB102-1	Early Cursive Notebooks (lined ⅜" x ⅜" x ⅜" x ⅜", two dotted lines between the top and bottom lines) Box of 72 notebooks	\$77.00/box
GB102-2	Early Cursive Notebooks (each)	\$1.30/ea
GB103-1	Cursive Notebooks (sometimes referred to as "Late Cursive", lined ⅜" x ⅜", one dotted line between the top and bottom lines) Box of 72 notebooks	\$77.00/box
GB103-2	Cursive Notebooks (each)	\$1.30/ea
GB104-1	Cursive Notebooks (d'Nealian) (lined ⅜" x ⅜" x ⅜" x ⅜", all solid lines, 1 red line, 2 blue lines, 1 red line, 2 blue lines, etc.) Box of 72 notebooks	\$88.00/box
GB104-2	Cursive Notebooks (d'Nealian) (each)	\$1.50/ea
GB105-1	Storybook Manuscript Notebooks, (lined ½" x ¼" x ¼" x ½", one dotted line between the top and bottom lines), blank on top of front lined on bottom of front, back totally lined.	1.90/ea

Each notebook has 40 pages.

Sample lines for GBESCO Notebooks

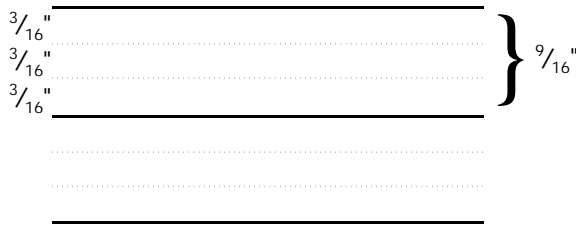
Manuscript (GB100)



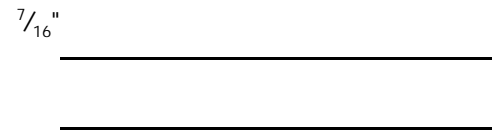
d'Nealian Cursive



Early Cursive (GB102)



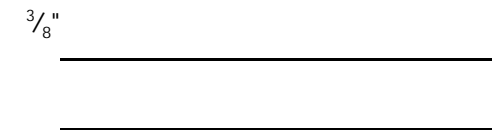
Cursive



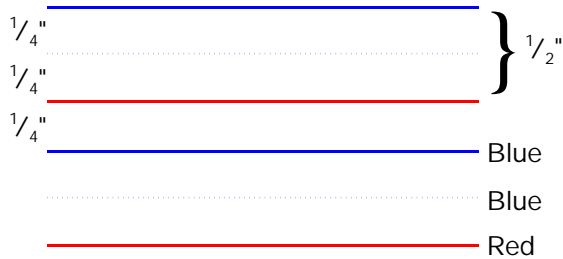
Late Cursive (GB103)



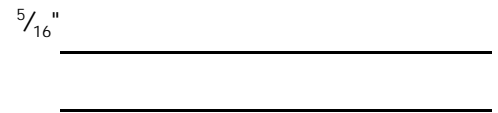
Cursive



d'Nealian Manuscript



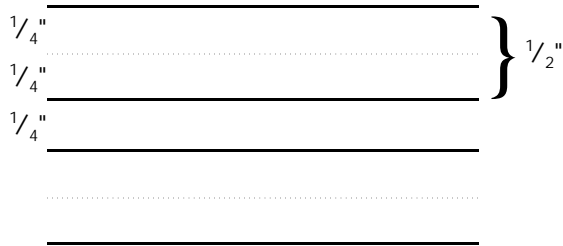
Cursive



Sample lines for Special Order Notebooks

Manuscript (1/4" x 1/4" x 1/4" x 1/4") (dead space is 1/4")

Manuscript (M2)



Manuscript (1/4" x 1/4") (no dead space)

Manuscript (M3)



These basic lines designed by Dr. Ethna R. Reid produce clearer handwriting and greater ease of teacher's proofing.s

Product Code

Special Order Notebooks

**STITCHED OR PERFECT BOUND**

Other notebooks in different size configurations can also be purchased. For these specialty notebooks allow at least four weeks order and delivery time. Orders must be in quantities of 1-5 dozen, 6 dozen, or 12 dozen or more. (The first number indicates the distance across the bound side.) (Perfect Bound Tablets allow pages to be peeled out.)

		<u>1-5 Dozen</u>	<u>6 Dozen</u>	<u>12 Dozen</u>
3" x 9" notebook, bound on top				
GB200-1	Stitched	\$0.83/ea	\$0.78/ea	\$0.75/ea
GB200-2	Perfect Bound	\$0.80/ea	\$0.75/ea	\$0.72/ea
6" x 9" notebook, bound on top				
GB202-1	Stitched	\$0.95/ea	\$0.88/ea	\$0.84/ea
GB202-2	Perfect Bound	\$0.92/ea	\$0.85/ea	\$0.81/ea
8½" x 7" notebook, bound on side				
GB203-1	Stitched	\$1.08/ea	\$0.99/ea	\$0.93/ea
GB203-2	Perfect Bound	\$1.05/ea	\$0.96/ea	\$0.93/ea
7" x 8½" notebook, bound on side				
GB204-1	Stitched	\$1.12/ea	\$1.08/ea	\$1.04/ea
GB204-2	Perfect Bound	\$1.12/ea	\$1.09/ea	\$1.05/ea
10" x 8" notebook, bound on side				
GB205-1	Stitched	\$1.35/ea	\$1.16/ea	\$1.12/ea
GB205-2	Perfect Bound	\$1.35/ea	\$1.17/ea	\$1.15/ea
8" x 10" notebook, bound on side				
GB206-1	Perfect Bound with Stitching	\$1.40/ea	\$1.24/ea	\$1.19/ea
11" x 8½" notebook, bound on side				
GB209-1	Spiral Bound	\$1.71/ea	\$1.60/ea	\$1.50/ea
GB209-2	Perfect Bound	\$1.61/ea	\$1.49/ea	\$1.40/ea
GB209-3	Spiral Bound Boxed (6 dozen per box)		\$98.80/box	\$93.60/box
GB209-4	Perfect Bound Boxed (6 dozen per box)		\$93.60/box	\$91.52/box

GB210 SPECIFY YOUR PREFERRED SIZE OF NOTEBOOKS

Another size notebook is available. Please call for pricing.

GB210-1 4" x 10½" notebook, bound on top

These special order stitched or perfect bound notebooks can be purchased with GBESCO Notebook lines and spacing indicated on page 2. Each notebook has 32 pages. These can be purchased in varied amounts.

Product  
Code

## GBESCO Paper

### Newsprint

Manuscript Paper — 8 $\frac{1}{2}$ " x 10 $\frac{1}{2}$ ". Ruled short way.

Lined same as GBESCO notebooks:  $\frac{1}{2}$ " x  $\frac{1}{4}$ " x  $\frac{1}{4}$ " x  $\frac{1}{2}$ "

GB300-1	Box of 10 reams.		\$58.00
GB300-2	1 ream.		\$12.00

Manuscript Paper — 11" x 8 $\frac{1}{2}$ ". Ruled long way.

$\frac{1}{2}$ " rule with  $\frac{1}{4}$ " dot and  $\frac{1}{2}$ " skip.

GB301-1	Box of 10 reams.		\$60.00
GB301-2	1 ream.		\$13.00

Early Cursive Paper — 8 $\frac{1}{2}$ " x 10 $\frac{1}{2}$ ". Ruled short way.

Lined same as GBESCO notebooks:  $\frac{3}{16}$ " x  $\frac{3}{16}$ " x  $\frac{3}{16}$ "

GB302-1	Box of 10 reams.		\$60.00
GB302-2	1 ream.		\$13.00

Late Cursive Paper — 8 $\frac{1}{2}$ " x 10 $\frac{1}{2}$ ". Ruled short way.

Lined same as GBESCO notebooks:  $\frac{3}{8}$ " x  $\frac{3}{16}$ "

GB303-1	Box of 10 reams.		\$58.00
GB303-2	1 ream.		\$12.00

Newsprint — 8 $\frac{1}{2}$ " x 11". Not ruled.

GB304-1	Box of 10 reams.		\$55.00
GB304-2	1 ream.		\$12.00

### Bond Paper

Manuscript Paper — 8 $\frac{1}{2}$ " x 11 $\frac{1}{2}$ ". Ruled short way or long. Lined same as

Manuscript newsprint and GBESCO notebooks. Black or blue lined.

GB400-1	Box of 10 reams.	\$86.00
GB400-2	1 ream.	\$16.00

Manuscript Story Paper (Blank on top half and printed on bottom, back totally lined)

GB400-5	Box of 10 reams.	\$94.00
GB400-6	1 ream.	\$16.00

d'Nealian Manuscript Paper — 8 $\frac{1}{2}$ " x 11 $\frac{1}{2}$ ". Ruled short way. d'Nealian lined.

GB401-1	Box of 10 reams.	\$94.00
GB401-2	1 ream.	\$16.00

Product  
Code

## GBESCO Paper

### Bond Paper (continued)

Early Cursive Paper — 8½" x 11". Ruled short way or long way. Lined same as Early Cursive newsprint and GBESCO notebooks. Black or blue lined.

GB402-1	Box of 10 reams.	\$86.00
GB402-2	1 ream.	\$16.00

Late Cursive Paper — 8½" x 11". Ruled short way or long way. Lined same as Late Cursive newsprint and GBESCO notebooks. Black or blue lined.

GB403-1	Box of 10 reams.	\$86.00
GB403-2	1 ream.	\$16.00

d'Nealian Cursive Paper — 8½" x 11". Ruled short way or long way. d'Nealian lined.

GB404-1	Box of 10 reams.	\$90.00
GB404-2	1 ream.	\$14.00

### Chart Paper

GB504	Manuscript Ruled Chart Tablets — 24" x 32" 25 sheets. Spiral bound with 2 hole punched. Solid blue lines with middle dotted line, ½" x ¾" x ¾" x ½" The middle dotted line is between the two ¾'s inches. (The ½" space is the dead space.)	\$30.00
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## The Importance of Legible Handwriting

**PENMANSHIP/HANDWRITING/COMPOSITION PAPER AND NOTEBOOKS ARE CRITICAL TO A STUDENT'S SUCCESS IN NOT ONLY BECOMING BETTER AT HANDWRITING, BUT ALSO, BECOMING BETTER AT THINKING!**

The October 5, 2010 Wall Street Journal article “How Handwriting Trains the Brain,” reports “Recent research illustrates how writing by hand engages the brain in learning. . . Other research highlights the hand’s unique relationship with the brain when it comes to composing thoughts and ideas.”

The November 12, 2007, Newsweek article, “The Writing on the Wall,” emphasizes that “good penmanship is more than just a quaint skill. A new study shows that it’s a key part of learning.”

“Handwriting is important because research shows that when children are taught how to do it, they are also being taught how to learn and how to express themselves. A new study by Vanderbilt University professor Steve Graham finds that a majority of primary-school teachers believe that students with fluent handwriting produced written assignments that were superior in quantity and quality and resulted in higher grades—aside from being easier to read. The College Board recognized this in 2005 when it added a handwritten essay to the SAT—an effort to reverse the de-emphasis on handwriting and composition that may be adversely affecting children’s learning all the way through high school and beyond” (Newsweek 2007).

Berninger et. al. in 1997 wrote “Recent research points to an important new discovery about legible handwriting—students who write legibly actually produce better compositions. In a study of Seattle students, researchers from the University of Washington and the University of Maryland concluded that legible handwriting frees students to focus on words and ideas, instead of letterforms.”

It is the spacing between lines and the difference in manuscript and cursive penmanship lines (accommodating for a “dead space” in writing) that help students achieve legible handwriting.

A *USA Today* story echoed the findings of research on the importance of legibility, particularly for students taking the new round of state proficiency tests. According to the Boston College’s Center for the Study of Testing, 45 states have proficiency tests in place, and the majority of those tests include an essay. “Last year an estimated 10 million students nationwide were asked to write responses longhand on state-required tests.” (Temple, 1999.)

Donald Graves, a highly respected authority on the writing process, notes how legible handwriting enhances the writer’s ability to think: “When the handwriting flows, the writer has better access to his own thoughts and information. This is why writers want to write. This is why handwriting is for writing.” (Graves, 1994.)

Students who are taught to write legibly have an advantage in daily writing, on standardized tests, and in life. Legible handwriting is an important skill—far too important to be left to chance. **Every district, school, and classroom should select (1) the correct, recommended lines for manuscript and cursive handwriting, (2) the appropriate line spacing, and (3) the notebook size for convenience on a student’s desk. All children deserve the benefits that legible handwriting can offer. Materials make a significant difference.**

Dr. Ethna R. Reid (2008), after years of research as Director of the Exemplary Center for Reading Instruction (ECRI), emphasizes the importance of **choice** as teachers provide the materials required for effective writing instruction. **“The excellent choices of notebooks and paper that GBESCO offers educators provide the very best for your students.”**

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### Bibliography

- Berninger, V.W., et al. (1997). Treatment of handwriting problems in beginning writers: Transfer from handwriting to composition. *Journal of Educational Psychology*, 89, 652-666.
- Bounds, Gwendolyn (2010). How handwriting trains the brain, *The Wall Street Journal*, October 5.
- Graves, D. (1994). *A fresh look at writing*. Portsmouth, New Hampshire: Heinemann.
- Kelley, R. (2007). The writing on the wall. *Newsweek*, 12 November.
- Reid, E. (2008). *Teaching Penmanship*, Salt Lake City, Utah: Cove Publications.
- Temple, L. (1999). An unscripted future may be at hand. *USA Today*, 2 September.

# GBESCO

Great Basic Educational Services Corporation  
**STUDENT NOTEBOOKS & WRITING PAPER**  
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